



Inspired Action Playsheet

Tune into your heart using the Soul Wisdom Meditation, or one of the meditations from the member site. Write down your Inspired Action, what it will make possible for you, and when you are going to do it.

** If you have a block to taking the Inspired Action, ask yourself, "*What is one Inspired Action I can take to move past this block?*"

Monday

Inspired Action: _____

Possible: _____

When: _____

Archetype + Gift: _____

Block?: _____

Inspired Action: _____

When: _____

Tuesday

Inspired Action: _____

Possible: _____

When: _____

Archetype + Gift: _____

Block?: _____

Inspired Action: _____

When: _____

Wednesday

Inspired Action: _____

Possible: _____

When: _____

Archetype + Gift: _____

Block?: _____

Inspired Action: _____

When: _____

Thursday

Inspired Action: _____

Possible: _____

When: _____

Archetype + Gift: _____

Block?: _____

Inspired Action: _____

When: _____

Friday

Inspired Action: _____

Possible: _____

When: _____

Archetype + Gift: _____

Block?: _____

Inspired Action: _____

When: _____

Saturday

Inspired Action: _____

Possible: _____

When: _____

Archetype + Gift: _____

Block?: _____

Inspired Action: _____

When: _____

Sunday

Inspired Action: _____

Possible: _____

When: _____

Archetype + Gift: _____

Block?: _____

Inspired Action: _____

When: _____